

Occupational Therapy...

helping you to stay
independent...

- Difficulty managing tasks around the house?
- Are things like getting in/out of bed, showering or dressing becoming a challenge?
- Do you find it is getting harder to access the community?
- Have you had a fall or found your balance or coordination to be off?
- Would rails, equipment or home modifications increase your confidence?



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Contact Us

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Clinic Locations

Integrated OT

7/2 Enterprise Drive, Bundoora

What is
Occupational
Therapy?
For adults



Integratedot

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About Us

Integrated OT therapists work within the home and community to provide assessment and therapy services to clients. Clinic based services are also available in some locations.



We strive to provide timely, collaborative and meaningful services across the Northern and Western Suburbs of Melbourne, and Geelong.

If any of the areas mentioned in this brochure sound like challenges you experience, it may be worth finding out more.



Our Services

We complete assessments and provide recommendations, therapy and assistance in lots of areas of daily life. Some of these are listed below:

- Home safety / function assessments
- Falls prevention
- Self Care and Domestic Tasks
- Home modifications
- Equipment (scooters, shower aids, wheelchairs, rails)
- Applications for funding assistance (including SWEP and the NDIS)
- Community Access
- Memory loss / cognitive strategies
- Sensory assessment, including mental health support

Occupational Therapy practitioners ask...

"What matters to you?"

... not "what's the matter with you?"

GINNY STOFFEL
(AOTA president)