

Occupational Therapy...

helps with the things kids
need to do like...

- Playing with toys
- Going to the park
- Getting dressed
- Going to the toilet
- Sleeping
- Scribbling, drawing and writing
- Eating and drinking
- Having a bath/shower
- Self regulating



Contact Us

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Clinic Locations

Integrated OT
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What is
Occupational
Therapy?
For kids



About Us

Integrated OT therapists work within the home, school and community to provide assessment and therapy services to clients. Clinic based services are also available in some locations.



We strive to provide timely, collaborative and meaningful services across the Northern and Western Suburbs of Melbourne, and Geelong.

We are happy to come to you for home/community based appointments.



Who do occupational therapists help?

Occupational Therapists can help children with many areas *not limited to this list but including*;

- Autism Spectrum Disorders
- Sensory Processing Disorders
- Developmental Delays
- Cerebral Palsy

Our Approach

- Sensory Integration
- Family and Client Centered Practice
- Collaborative Coaching
- Holistic Approach
- Working with children in their own environments

Funding

- National Disability Insurance Scheme (NDIS)
- FaHCSIA - Helping Children with Autism and Better Start for Children with Disability
- Medicare
- Private Referrals

What are some signs that OT might help?

Is your child is having difficulty or do they seem far behind other children their age in these activities?

- Colouring / handwriting - Eg: holding a pencil or writing appears pressured or messy for age group
- Playing - Eg: engaging in pretend play with others, turn taking, problem solving
- Anxious or has difficulty interacting with others or new people
- Finding transitions upsetting - such as changing activities or altered routines
- Self care challenges - Eg: feeding self, dressing, grooming, toileting or hygiene
- Appears uncoordinated, clumsy or messy
- Over / under stimulated by sensations that would not ordinarily be of concern to others
- Frequent meltdowns or becoming so upset that it is hard to calm down again

If these challenges sound familiar, an OT review may be beneficial.